

My Culture Discussion Prompt Cards

Religion

Encourage discussion about:

- What the person believes in
- What they do to follow their religion
- Religious places they visit such as a temple, mosque or faith groups (identify specific places such as certain temples etc)
- Religious activities such as praying, worship, reading certain books; and religious festivals and celebrations.

Language

Encourage discussion about:

- The languages the service user speaks
- Where they like to speak them
- Their preferred languages, including different contexts and with different people.

Festivals and celebrations

Encourage discussion about:

- Religious festivals
- Special days
- National days
- Weddings
- Funerals.

Around the home

Encourage discussion about:

- Important objects
- Symbols and artefacts
- Routines around the home such as taking shoes off
- Special purposes for certain rooms
- Certain traditions in certain rooms such as the bathroom or kitchen.

Things I do

Encourage discussion about:

- Clothes
- Food, and drink, including alcohol
- Music, dance and singing
- Rituals, for example, around meal times, in the morning, before bed/at night
- Traditions, such as those around coming of age
- Going to groups and clubs
- Also consider things the person does not do and why.