## **Tools for Talking**

## What makes a good support worker?



This activity is to help you think about the things that make a good support worker. You can use it to help you talk to your support worker. It will help them to understand more about how you like to be supported.



Watch the video called 'What makes a good support worker?' with your support worker'



## What do you think?

- Have you got any questions about the video?
- Is your support worker like this?
- What did you think was important in the video?



## What makes a good support worker activity

There is a poster and some cards.

We have written lots of things about support workers on the cards.

Take each card, one at a time and read what it says.



If you think what it says is really important, put it on the poster near the top of the arrow.

Put the most important things at the top of the arrow.



If it is not important to you, put it near the bottom of the arrow.

Put the least important things or things you disagree with at the bottom of the arrow.



If you are not sure, you can put it in the middle of the arrow.



Talk to other people about your ideas.

This activity was developed by Gemma Unwin, Michael Larkin, Biza Stenfert Kroese and John Rose from the University of Birmingham in 2014 to reflect themes from the 'Access to Social Care – Learning Disabilities Project (ASC-LD)'.

Please visit our website: www.ToolsForTalking.co.uk

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